


100 PROTOCOLS USING LIFEWAVE PATCHES

A close-up photograph showing a person's arm with a clear, circular patch being applied by a hand. The patch is being held in place by a thumb. The background is dark, making the skin and the patch stand out.

THE GREAT JET LAG PROTOCOL

Gabriel Díaz Enrico

Jet Lag

I'm originally from Argentina and I used to live in Southeast Asia for almost 20 years, and as you can imagine, one trip I "Had" to make during all those years was **Kuala Lumpur to Buenos Aires...**

A 25 Hours Flight Time...

I used to fly the old rout through South Africa having 2 really short stopovers at Johannesburg and Cape Town. One long way back home, to say the least, which sometimes made it up to 27 Hours Flight Time!!...

Right there, I had the opportunity to **Put The Patches To The Real Test:**

The Amazing LifeWave Jet Lag Protocol

So, here you have it...

Bear in mind that this might be a little more advanced patching, but I guess that if you made it to this point of the book, you can already see many different "Approaches" I have for patching...

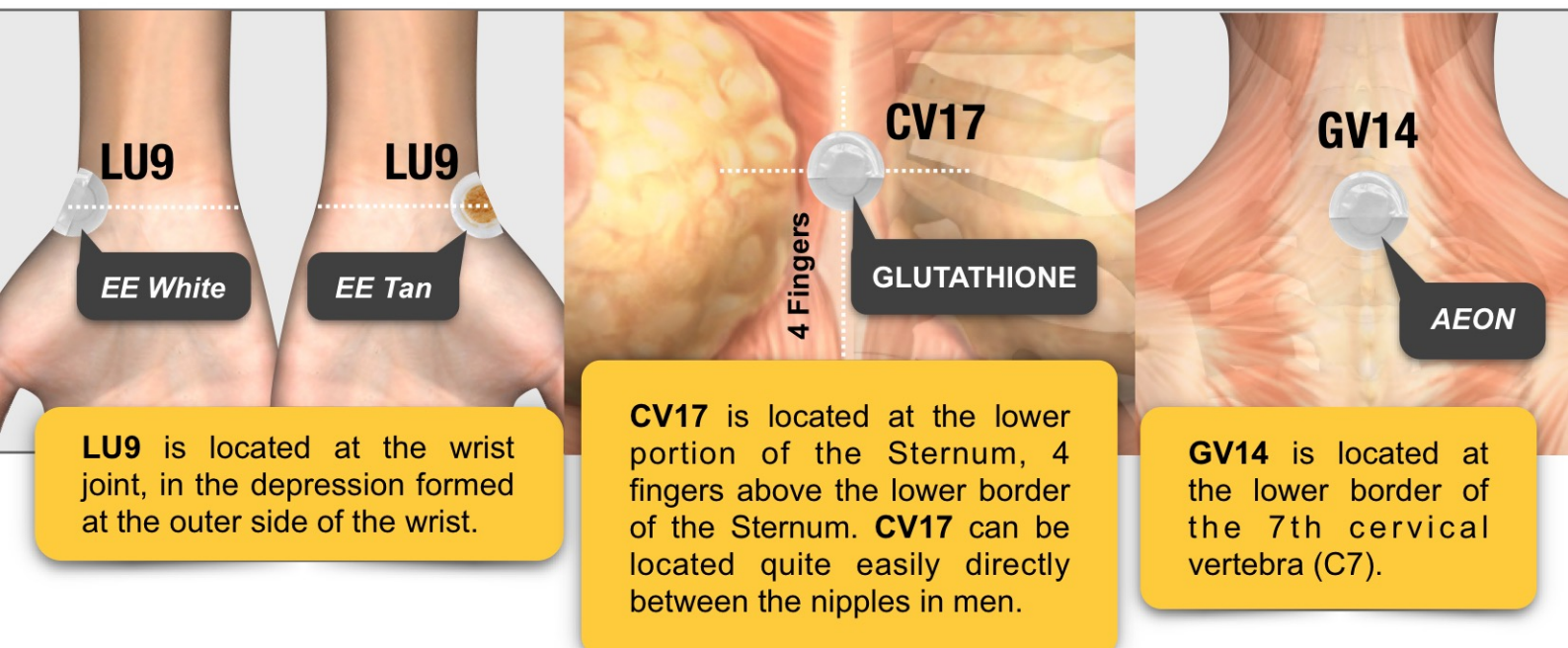
Jet Lag Protocol - During The Flight (On-Flight Protocol)

Once I arrive at the Airport, I sort everything out first like tickets, luggage etc etc, and once I'm at the departure gate, I place the patches in this way:

One set of **ENERGY ENHANCER** on **LU9 - WRTL**

Then I place **GLUTATHIONE** on **CV17**

Lastly, **AEON** on **GV14**



IMPORTANT NOTE:

When I take flights that long (usually above the 20 hours mark), I replaced new patches around 18 hours after I started the protocol, just to be sure I get to destination at "Full Force", if you know what I mean...

And this is just half way through the Protocol.

Jet Lag Protocol - Off-Flight Protocol (Recovery)

Once I arrive at my final destination, once again, I sort everything out at the airport and I make my way to the Hotel, only then I take all the patches off and I go for a great relaxing shower...

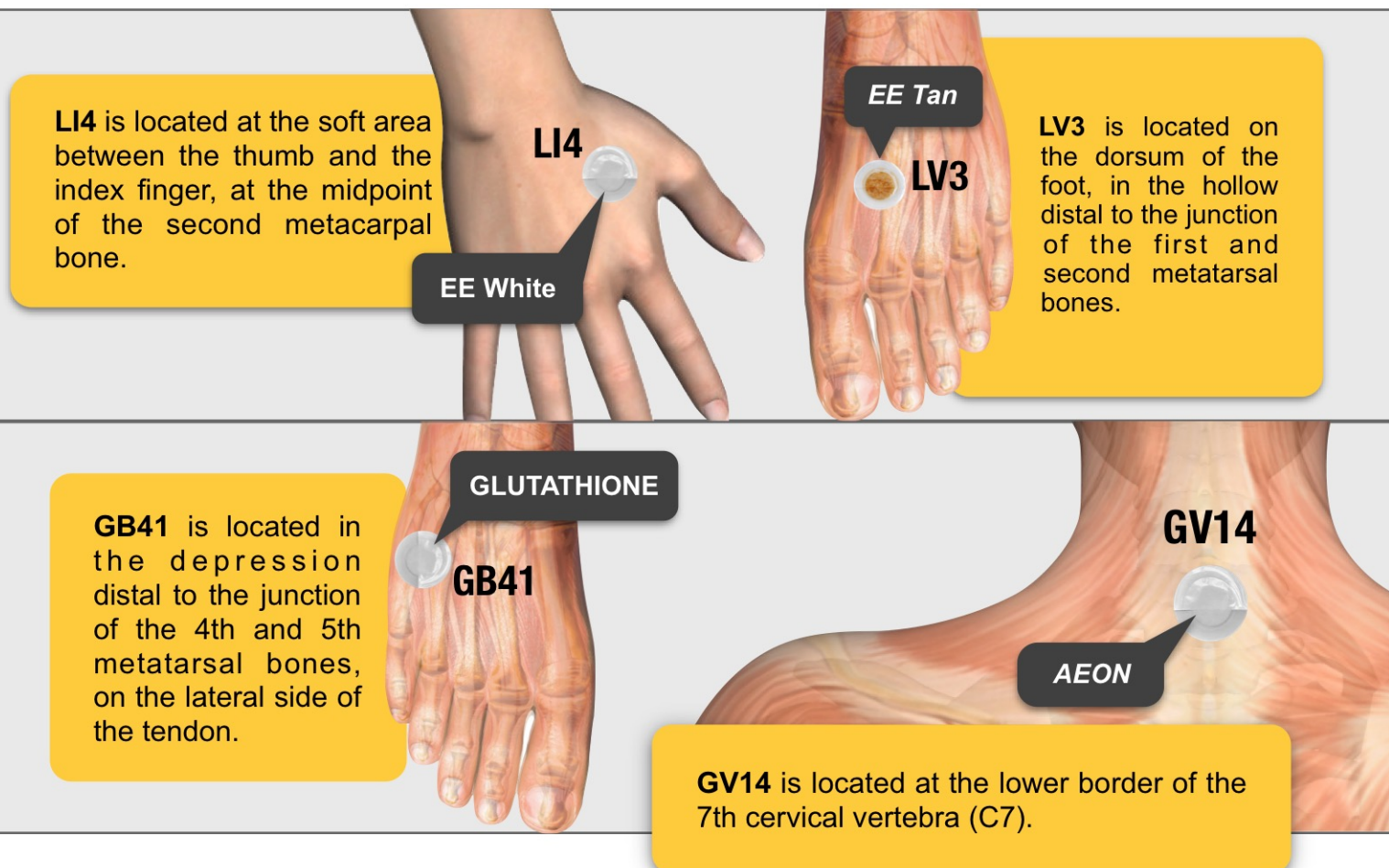
Then, I immediately place the next step:

ENERGY ENHANCER White on LI4 - Right Side

ENERGY ENHANCER Tan on LV3 - Left Side

GLUTATHIONE on GB41 - Right Side

AEON on GV14



Pretty simple and straight forward patching actually...

Sometimes I keep patching the Off-Flight Protocol (Recovery) for a couple of days till I feel I'm stable and all my usual routines like sleeping, eating, evacuating etc. patterns are back to normal...

Now, I can't really express in details what is the actual feeling though...

I've been flying most of my adult life and I know exactly how a Jet Lag feels, and after running this Jet Lag Protocol the difference is really obvious...

It's like when you run the Bloating Protocol when you feel Bloating, or the Cough Protocol once you have Cough...

Once you experience it, you know how it really feels...

In my opinion, there is something really amazing between LifeWave Patches and Jet Lag and you just have to experience it...

You will Just Know...

I hope you are enjoying this book and thank you for reading it!

General Notes:

- 1- Start patching once you need it. It could be at any time of the day.
- 2- Keep the patch on till symptoms disappear.
- 3- Repeat the Off-Flight Protocol (Recovery) as long and as many times you need it.
- 4- Use new patches if were used for over 24 hours.

General Recommendations:

Be well hydrated, 6 to 8 glasses of quality water daily will be ideal. Drink 1 glass of water before applying/exchanging LifeWave Patches.

Everything changed for me when I discovered that the **Patches Don't Do Anything...**

Instead, *Our Body Dose All The Doing.*

This made me realize that if I'm always giving my body the chance to be in balance and harmony, then, it will do whatever it needs to do to get well...

LifeWave Patches are definitely a great way to achieve Balance and Harmony...

I've also discovered that if I constantly take better decisions for myself in every aspect, specially around my own Lifestyle, then, I'll be moving myself into a true "*Healing Zone*", and to recover from most issues I had, including rapid ageing... and that's where the patches can really be of great use...

I hope you've enjoyed this book sample and I thank you very much for being part of our **Great Community of Patchers!**

Gabriel Díaz Enrico

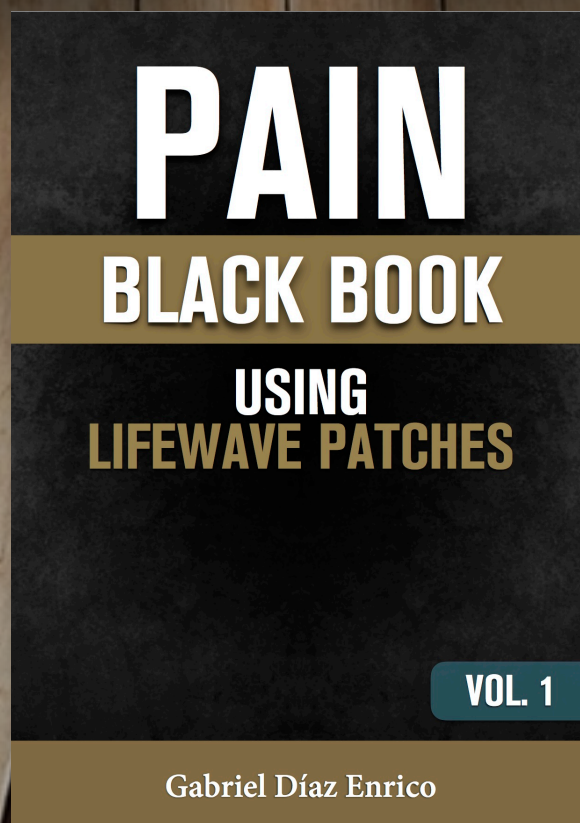
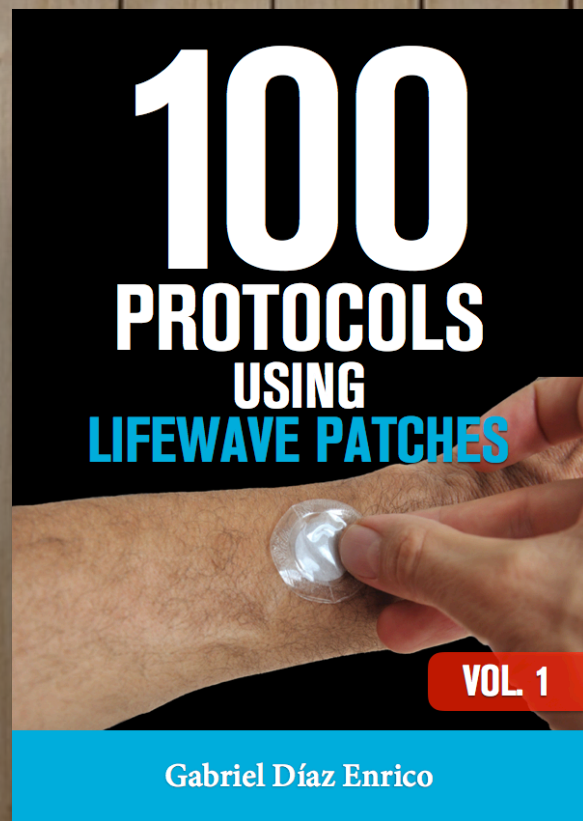
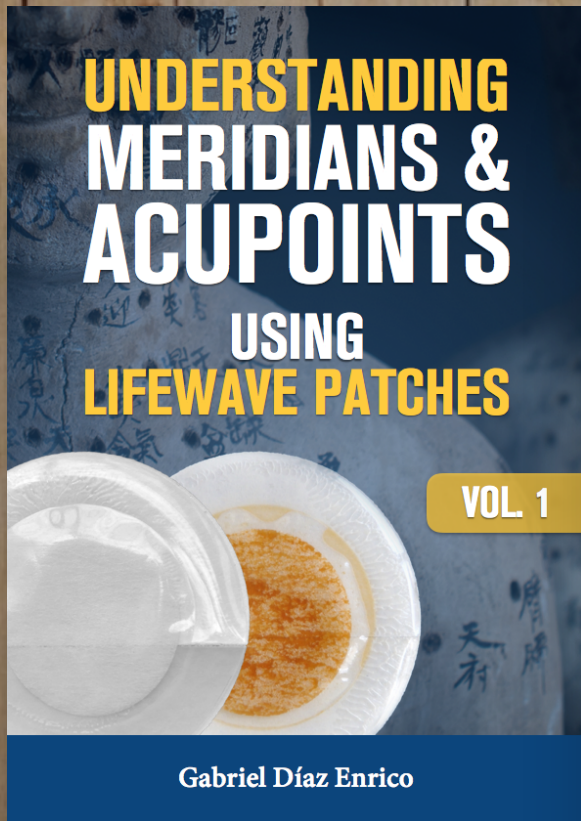
List of Protocols Covered Inside This Book

Acid Reflux
Acne (Basic)
Acne Rosacea
Acne Vulgaris
Allergic Itching Ears
Allergy (Seasonal)
Anemia
Anger & Frustration
Anxiety
Appetite Control Program
Asthma (Basic)
Asthma (Advanced)
Athletic Performance Booster
Autism & ADHD
Bell's Palsy
Bloating
Blood Circulation (Improving)
Blood Pressure (High) - Hypertension
Blood Pressure (Low) - Hypotension
Breathing Problems
Bronchitis
Cataract
Cholesterol
Cold
Conjunctivitis
Constipation (Advanced Series)
Constipation (Chronic)
Cough
Cough (Chronic Cases)
Cough With Phlegm & Cold
Cramps (Legs)
Cramps (Whole Body)
Cystitis
Digestive Issues
Improve Your Digestion
Depression

Diabetes
Diabetes - Mr. Kok's Variation Protocol
Diarrhea - Handling it Quickly
Dysmenorrhea
Ear Infection (Basic)
Ear Infection (Advanced)
Eczema
Energy Booster (Quick Option)
Eye Issues
Fatigue
Fever
Fibroid or Myoma Uteri
Fibromyalgia
Flatulence (Excessive)
Four Gates Protocol
Frequent Urination at Night
Glaucoma
Golden Sequence
Good Night Sleep
Gum Issues
GV/CV Ring
Hangover
Hay Fever
Herpes Simplex Keratitis
Herpes Zoster - Shingles
Hot Flashes
Immune System Booster
Indigestion and Lack Of Appetite
Influenza
Irritability
Itchy Throat
Jet Lag
Libido
Liver Crisis
Lyme Arthritis
Macular Degeneration
Menstrual Cycle Improvement
Menstruation - (Improving Menstrual Cycle)

Mental Clarity
Moles
Mouth Ulcers
Nasal Congestion or Stuffy Nose
Nausea / Nauseating-Car Sick
Nose (Blocked)
Overthinking, Worry and Concern
Palpitations
Panic Attack
Parkinson's
Phlegm (Excessive) & Expectorations
Plantar Fasciitis
Prostate
Quit Smoking
Restless Legs
Sneezing
Sore Throat
Split Meridians Protocol
Stress
Stroke
Tinnitus
Upper Body / Lower Body Imbalance Protocol
Upper Respiratory Infection & Eye Infection
Vaginal Infection – Vulvovaginitis
Vertigo
Water Retention
Watery Eyes & Runny Nose

BOOKS SERIES 2017





Gabriel Díaz Enrico

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Back in 2008 I turned 40 years old, and it was like my body just gave up on me... I had all sort of pains, ranging from Chronic Low Back Pain, Sciatica Issues that were affecting my right leg and sometimes, I couldn't even walk or sit properly, I started to develop an Arthritic Pain on my left hand due to an old injury and the pain was radiating up to my arm and shoulder, making it really hard for me to close my hand and move my arm, and I also had constantly Frozen Shoulder and Calf Cramps at night regularly. I had Chronic Constipation and Gastritis since I was 14 years old, plus Bleeding Hemorrhoids and constant Bloatiness throughout my twenties and thirties. My Bloatiness was so bad that it felt like getting Bloated just by drinking water... And one of the worst part was when I was diagnosed with Irritable Bowel Syndrome (IBS) Type C, which is the Constipation Type...

I was way overweight, around 93 Kg at that time (*Picture at the left*), and my Sugar, Cholesterol and Uric Acid levels were shooting up as well...

Not to mention that my sleep quality was awful, I could not have a peaceful sleep at night, I had Eczema for many years, I started developing Alopecia, so my hair was falling off quickly, I had severe tooth and gum issues and the list goes on...

Not a good situation for me back then, however, I do not have any of those issues anymore. None,

Everything is gone for good now...

and if you ask me today how I've managed to solve all my issues, it was by understanding a few but very important concepts that are actually available to all of us, but, unfortunately, for some reason, not many people talks about it today...